

## PROGRAM SCHEDULE

(Date: 26<sup>th</sup> April 2019)

S.No	Time	Programme	Speaker	Chair Person / Evaluator
1	8am – 9am	Registration		
2	9am – 10am	Scientific session 1 - Evolution of CAT through centuries	<b>Dr. K. K. Mohanty</b> Principal, SJM College of Natural Medicine & Hospital Khordha	<b>Mrs. Tapati Saha</b> Addl. Dean, Training & Placement SNC
3	10am -10.45am	Inauguration		
4	10.45am- 11am	Tea Break		
5	11am – 12N	Scientific session 2 - An insight towards various forms of CAT	<b>Prof. Sangram K Pradhan</b> MD Ayurved College of Natural Medicine & Hospital Khordha	<b>Mrs. B.Gomathi</b> Asso. Professor SNC
6	12N-1pm	Lunch Break		
7	1pm-2pm	Scientific session 3- Current practices of CAT upon various health issues	<b>Prof. Mala Goswami</b> Prof. cum Principal Nursing College AIIMS, Bhopal	<b>Mr. Sugumar</b> Asso. Professor, SNC
8	2pm- 3pm	Scientific session 4- Integrating CAT in healthcare: scope and challenges for nurses	<b>Dr. B. V. Kathyayani</b> Prof. cum Principal College of Nursing NIMHANS, Bengaluru	<b>Ms. Sailabala Mohanty</b> Asst. Professor SNC
9	3pm-4.30pm	Paper Presentation		<b>Mrs. Dharitri Swain</b> Asst. Prof. AIIMS Bhubaneswar  <b>Dr. Kalyani Moharana</b> Dept. of Psychiatric Nursing, Mental Health Institute, SCB, Cuttack
10	4.30pm-5.30pm	Valedictory Session		

## National Seminar On Complementary and Alternative Therapies (CAT) In Health Care Practices: A Unique Opportunity For Nurses



Date: 26th April 2019 Venue: SUM Annex Auditorium,  
IMS & SUM Hospital, Bhubaneswar-751003, Odisha



Organized By

**SUM NURSING COLLEGE**  
(FACULTY OF NURSING)  
**SIKSHA 'O' ANUSANDHAN**  
(DEEMED TO BE UNIVERSITY)  
Bhubaneswar, Odisha



## NATIONAL SEMINAR ON: “COMPLEMENTARY AND ALTERNATIVE THERAPIES (CAT) IN HEALTH CARE PRACTICES: A UNIQUE OPPORTUNITY FOR NURSES”

Dear Delegates,

It is our immense pleasure and privilege to invite you to participate in National Seminar On “Complementary and Alternative Therapies (CAT) In Health Care Practices: A Unique Opportunity for Nurses” organized by SUM Nursing College, SOA University, Bhubaneswar on 26<sup>th</sup> April 2019.

Known as the temple city Bhubaneswar is rapidly transforming into the city of “temples of learning” on account of its rapidly enhancing popularity as an educational hub. Well known for its rich cultural heritage, it is featured in the top 20 Global cities of the world in global smart city performance index 2017. The third best place to do business in India as per World Bank. The City is well connected with other cities of India via Rail, Air and Roads. With facilities to cater to every type of visitor, Bhubaneswar makes an ideal tourist destination. Odisha is a unique combination of beautiful locations, exotic cultures, warm and friendly people and something for everyone.

Siksha ‘O’ Anusandhan (SOA) in Bhubaneswar, Odisha is a socially inclusive, Deemed University where quality academics and research are buzz words. SOA came into existence on July 17, 2017 has emerged as a centre of supportive professional education over the year. The University was set up with the primary objective of making available quality of education of international standard in a plethora of disciplines with focus on research, in the long run SOA intends to stand out as an environmentally sensitive organization with ample thrust on art, culture, heritage, alternative and traditional system of healthcare. The multi-campus infrastructure of SOA is home to more than 10000 students. SOA has been chosen as the most preferred University of women education at the second National Leadership Summit on women and education and most preferred private university of the year in the East India.

SUM Nursing College, a constituent institute of SOA started in the year 2004. The college believes in the motto “service with sincerity” as the prime motive for education and service of the students. Catering to more than 800 students in courses like GNM, B.Sc Nursing, Post Basic B.Sc Nursing, M.Sc Nursing and Ph.D in Nursing.

Over the past decades there has been a growing interest in complementary and alternative therapies in health care practices. Nurses and other health professionals have attempted to integrate these therapies in clinical practices to deliver care with holistic approach while treating their patients. There are good evidences of research conducted on complementary and alternative therapies by nurse researchers. Still there is a gap in utilization and dissemination of research outcome conducted on CAT. This seminar will motivate the nurse educator and practitioner to appreciate and execute the use of CAT, thereby creating awareness for incorporating CAT in the practice in healthcare which will be eye opening and encourage the implementation of CAT efficiently in harmony with other treatment modality.

Seminar aims in raising awareness about incorporating complementary and alternative therapies in nursing.

### Objectives:

- ✦ To highlight various methods of CAT in health care nursing practice.
- ✦ Establish the importance of CAT in nursing practice.
- ✦ Comprehend the ideas to integrate CAT in health care by nurses and other healthcare professionals
- ✦ Generate the positive movement among nurses in application of CAT in nursing practices.

### Highlights of the Seminar:

- ✦ Evolution of CAT through centuries
- ✦ An insight towards various forms of CAT
- ✦ Current practices of CAT upon various health issues
- ✦ Integrating CAT in healthcare: scope and challenges for nurses
- ✦ Sharing the evidence for implications of CAT in nursing practices (Paper presentation)

<u>Chief Patron</u> <b>Prof. Manojranjan Nayak</b> Founder President Siksha ‘O’ Anusandhan Bhubaneswar	<u>Patron</u> <b>Prof. Amit Banerjee</b> Vice Chancellor Siksha ‘O’ Anusandhan Deemed to be University	<u>Convener</u> <b>Prof. (Dr.) Sasmita Das</b> Asso. Dean, SUM Nursing College
<b>Advisory Committee</b>		
<b>Prof. (Dr.) Pravati Tripathy</b> Dean, SUM Nursing College	<b>Prof. Tapati Saha</b> Additional Dean, SUM Nursing College	<u>Organising Secretary</u> <b>Mrs. Rashmi Mala Pradhan</b> Asso. Professor, SUM Nursing College
<u>Co Organising Secretary</u> <b>Mrs. Debajani Nayak</b> Asst. Professor, SUM Nursing College		

### REGISTRATION:

Category	Fee
Students (Nursing, Allied Health Sciences) & Staff Nurses	300/-
Faculties	400/-

**For Registration: Mrs. Pratibha, Asso. Professor +91 8763785556**  
**For accommodation : Ms. Krishna Samantaray : +91 7381359676**  
**Lunch and snacks will be provided during the Seminar**

### GUIDELINES FOR PAPER AND POSTER PRESENTATIONS

Abstracts of unpublished original research, concept paper are invited for Oral/Poster presentations. Original research should follow IMRAD format.  
 All abstracts should be submitted in MS word (Times New Roman 12 Font Size) limited to 500 words  
 Title of the abstract, Authors name, Designation with official address, Email ID, Phone no and type of presentation (ORAL/POSTER) need to be mentioned clearly.  
 Poster size should be 4 X 3 ft.  
 Oral presentation duration will be 10 min ( 7 min for presentation and 3 min discussion)  
 Only registered delegates will be allowed for Oral and Poster presentation.  
 Last date for submission of Abstract will be 10<sup>th</sup> April 2019.  
 No late submission will be accepted.  
**All submission to be made online to seminar.snc2019@gmail.com, (Mob: +91 9439449891)**  
 Best Oral and Poster presentation will be awarded.